# Public Health and Wellbeing Portfolio - Summary

## **Performance Summary**

- 1. Performance highlights this quarter:
- The <u>West Sussex Health and Wellbeing Board (HWB)</u>, in the new Integrated Care System (ICS) governance landscape, is key for driving integration and continues to have an important role in instilling mechanisms for joint working across local health and care organisations and setting strategic direction to improve the health and wellbeing of the local population and reduce health inequalities. At its meeting in July, the West Sussex HWB agreed to accept and progress the Local Government Association's (LGAs) support offer to HWBs. This process will include helpful reflection on the Board's role in supporting the local place of West Sussex.
- The Government's Major conditions strategy: case for change and our • **<u>strategic framework</u>** focuses on developing a comprehensive approach to addressing six groups of conditions; cancers, cardiovascular disease (CVD) (including stroke and diabetes), musculoskeletal disorders (MSK), mental ill health, dementia and chronic respiratory disease (CRD), which together account for over 60% of ill health and early death in England. It highlights that smoking directly contributes to developing all major groups of conditions and remains the biggest single cause of preventable illness and death and driver of health disparities. Launching mid-September and continuing throughout October, organisations in the Smokefree West Sussex Partnership, led by the Council, urged smokers to quit during **Stoptober** and to seek free support from a stop smoking advisor to have the best chance of guitting for good. Research shows that smokers are three times more likely to successfully quit with support. Free local Stop Smoking services are available across West Sussex provided by participating GP practices and pharmacies, and West Sussex Wellbeing.
- Led by NHS Sussex, <u>Covid-19 and flu vaccinations</u> were underway across the county, with those most at risk, including adult care home residents, being offered the vaccination from 11 September. Adult Covid-19 and flu vaccination programmes were due to start in October to maximise protection over the winter months, however, programmes were brought forward nationally due to the potential risks presented by the Covid-19 variant BA.2.86. The County Council continues to support both vaccination programmes, carrying out targeted work with partners to increase uptake, reduce inequalities, and improve the health of the local population. The Council is also offering a free flu vaccine voucher to staff and councillors who are currently not eligible as part of the NHS Flu Vaccination Programme.
- Following the recent <u>Notice of Motion (item 19)</u> regarding defibrillators that County Councillors gave their backing to, a number of cross-portfolio actions have taken place to increase coverage and accessibility of the devices across the county. This includes issuing a <u>press release</u> highlighting the opening of the grant application process for the <u>Department of Health and Social Care's</u> (DHSC's) £1 million Community Automated External Defibrillators (AEDs)

Fund, Cabinet Members for Public Health and Wellbeing and Children, Young People, Learning and Skills, have written to schools in West Sussex to encourage them to register their devices on The Circuit, (the national defibrillator network available to emergency services to locate the nearest publicly accessible AED and signpost to, if needed in an emergency), to consider allowing community access, and a reminder of training requirements. Furthermore, defibrillators maintained by the County Council's Facilities Management team are now all registered on The Circuit, three have been moved to external cabinets (Chichester, Horsham and Crawley) enabling 24hour community access, and devices in Worthing and Bognor are accessible during office hours (it was not possible to move them to external locations due to infrastructure limitations). The Cabinet Member for Public Health and Wellbeing has also written to all Town and Parish Councils across the county sharing a letter from Will Quince MP, Minister of State for Health, encouraging them to register AEDs on The Circuit and highlighting the DHSC's £1 million community AED fund.

#### **Our Council Performance Measures**

2. The following section provides KPI updates comparing performance over the last three periods (each measure will explain the reporting period).

	Public Health and Wellbeing	2023/24 Target	Performance	Over The Last 3 F	Periods	DoT	Year End Forecast
	Measure: Healthy weight of 10–11- year-olds Reporting Frequency: Annually (November)	Top Quartile in South East (%TBC)	2019/20	2020/21	2021/22	2	
			G	G	G		G
			69.8%	63.2%	<b>65.7%</b> (Target for 2021/22: 63%)	7	Ŭ
6	<ul> <li>Performance Analysis: Sep-23: Healthy weight of children is measured through the annual National Child Measurement Programme (NCMP), which is delivering well in West Sussex with high compliance. Data is reported annually, with data for the period 2022/23 being available later this year as part of national reporting. Whilst the measure is reporting a RAG status of green, it is important to note that the data shows only two thirds of 10- to 11-year-olds in West Sussex are of a healthy weight, indicating there is a need to support a third of this population group to achieve a healthy weight. Obesity is a complex issue affecting all ages, which emphasises the importance of a family targeted approach, working across all age groups.</li> <li>Actions: The County Council's Public Health commissioned (mandated) service – the Healthy Child Programme (HCP) – will deliver the NCMP for 2023/24. National letter templates have been sent to schools in preparation for 2023/24 delivery and are awaiting further national guidance and recording templates. Public Health will be implementing a programme of work to support children to achieve a healthy weight.</li> </ul>						
	<b>Measure:</b> Healthy life expectancy (HLE) for men Reporting Frequency: 3 Year Rolling Average (May)		2017/18	2018/19	2019/20	D	
		67.0 Years		G	Α		
31			64.6 Years	<b>66.0 Years</b> (Target for 2018/19 = 66 Years)	63.8 Years (Target for 2019/20 =66 Years)	Ŕ	A

	Public Health and Wellbeing	2023/24 Target	Performance	Over The Last 3 F	Periods D	οт	Year End Forecast	
	<ul> <li>Performance Analysis: Sep-23: Healthy Life Expectancy (HLE) measures the years that a person can expect to live in good health. HLE data is published annually; the latest data published in 2019/20 by the Office for National Statistics (ONS) on HLE relates to 2018-2020. This was due to be updated this year, for the period 2019-2021, however, this is now expected next year, to include new Census 2021 data on general health and requires rebased population estimates, publication of which has also been delayed. The latest data shows a downward trend with HLE for men reducing by 2.2 years from data published in 2018/19.</li> <li>Actions: There is no single action to improve HLE, but evidence shows the greatest impact will be achieved through</li> </ul>							
	addressing smoking, diet and alcohol n treating people with high blood pressur across the county with district and bord and care partners.	neasures along re. Public Health	with evidence-based is implementing its	d healthcare interve approach to evide	ntions, such as i nce-based preve	iden ntio	tifying and n activities	
	<b>Measure:</b> Healthy life expectancy (HLE) for women Reporting Frequency: 3 Year Rolling Average	67.0 Years	2017/18	2018/19	2019/20			
32			64.3 Years	<b>G</b> 64.8 Years (Target for 2018/19 = 64.8 Years)	A 63.9 Years (Target for 2019/20 = 64.8 Years)	K	A	
	<ul> <li>Performance Analysis: Sept-23: Healthy Life Expectancy (HLE) measures the years that a person can expect to live in good health. HLE data is published annually; the latest data published in 2019/20 by the Office for National Statistics (ONS) on HLE relates to 2018-2020. This was due to be updated this year, for the period 2019-2021, however, this is now expected next year, to include new Census 2021 data on general health and requires rebased population estimates, publication of which has also been delayed. The latest data shows a downward trend with HLE for women reducing by 1.1 years from data published in 2018/19.</li> <li>Actions: There is no single action to improve HLE, but evidence shows the greatest impact will be achieved through addressing smoking, diet and alcohol measures along with evidence-based healthcare interventions, such as identifying and treating people with high blood pressure. Public Health is implementing its approach to evidence-based prevention activities across the county with district and borough councils as part of the West Sussex Wellbeing Programme, and with our health and care partners.</li> </ul>							
	<b>Measure:</b> Number of people completing evidence-based falls prevention programmes			2021/22	2022/23			
		500		Α	G		А	
	Reporting Frequency: Annually (June)		New Measure – No Data	354	<b>425</b> (Target for 2022/23 = 400)	7		
35	<ul> <li>Performance Analysis: Sep-23: This data relates to falls prevention programmes within the West Sussex Wellbeing</li> <li>Programme – a partnership with district and borough councils across West Sussex. It shows a good increase in the number of people completing the programmes from the previous year (2022/23). These are one of a number of services with a falls prevention remit across the county, including NHS services which also deliver falls prevention programmes. The number of people completing falls prevention programmes overall in the county is therefore likely to be higher than the West Sussex Wellbeing data reported here.</li> <li>Actions: Public Health will continue to work closely with partners to deliver and improve this approach, including planning for winter pressures.</li> </ul>							
	Measure: Mental health – self- reported wellbeing – people with a high anxiety score	21%	2019/20	2020/21	2021/22		Α	
53	Reporting Frequency: Annually		20.9%	22.4%	23.9%			
	<b>Performance Analysis:</b> Sep-23: Data for the last three periods shows an upward trend, with data for 2021/22 (23.9%) above the England national average (22.6%). The data source for this measure is the Annual Population Survey (APS) (persons aged 16+ years) from the Office for National Statistics (ONS) and an update for 2022/23 is currently awaited. It is important to note, that the indicator is an estimate based on a sample of the population in the area.							

	Public Health and Wellbeing	2023/24 Target	Performance	Over The Last 3 F	Periods	DoT	Year End Forecast	
	Actions: This is a priority area for the County Council and partners and is a recently added measure to Our Council Plan because of the assessed level of need in the population. The team are reviewing the latest data through a needs assessment, to inform the County Council's work and public health interventions to improve this measure, including public mental health programmes, suicide prevention, and improving the skills and knowledge of people working in educational settings, parents, families, and carers, to prevent and respond to children and young people who are self-harming. Furthermore, a toolkit for supporting West Sussex schools, academies and colleges respond to an unexpected death of a pupil or member of staff, has been developed by the County Council together with school leaders and partners. To support the launch of this package of guidance, the County Council has also commissioned training, which can be accessed by these educational settings for free.							
	<b>Measure:</b> HIV late diagnosis in people first diagnosed with HIV in	25% -50%	2018-20	2019-21	2020-22	2	_	
	the UK Reporting Frequency: Annually		54.5%	56.9%	51.0%		A	
54	<ul> <li>Performance Analysis: Sep-23: The data source for this measure is the UK Health Security Agency (UKHSA), with data reported on the Public Health Outcomes Framework (PHOF). Data for the last three data periods as reported on the PHOF are included in this performance update. Data reported in 2020 and 2021 is impacted by the reconfiguration of sexual health services during the national response to Covid-19. Whilst the data for the reporting period 2020-22 (51.0%) shows a downward trend from 2019-21 (56.9%), this is above the Council's 2023/24 target (25-50%) and significantly above the England national average for 2020-22 (43.3%).</li> <li>Actions: West Sussex Public Health continues to progress the West Sussex HIV Action Plan agreed with key stakeholders earlier this year. As part of an evidence-based approach to identifying population need, attitudinal research into HIV testing and Pre-Exposure Prophylaxis (PrEP) uptake has commenced, as well as implementing evidence-based initiatives where required, including community engagement and outreach projects.</li> </ul>							
	<b>Measure:</b> Chlamydia – proportion of 15 – 24-year-olds screened.	12%	2020	2021	2022			
55	Reporting Frequency: Annually		6.8%	5.8%	7.8%		R	
	<ul> <li>Performance Analysis: Sep-23: Chlamydia detection rates in the public health commissioned Integrated Sexual Health Service (ISHS) were impacted by the Covid-19 pandemic with reduced numbers of people accessing services, dropping significantly from 2019 (15.2%) to 2020 (6.8%), however, they are recovering. Diagnosis targets were set in 2018 as part of a five-year action plan and in 2022/23 these were met. However, chlamydia screening remains low outside of sexual health services, and while the proportion of 15 – 24-year-olds screened rose to 7.8% in 2022 from 5.8% in 2021, this is still the lowest in the South East. In contrast with the Council's best performing local authority neighbours, West Sussex has a comparatively low uptake of chlamydia self-testing accessed online. An action plan is being developed with providers and stakeholders, with particular emphasis on increasing uptake of online testing.</li> <li>Actions: This is a priority for Public Health team to explore potential reasons for reduced chlamydia detection rates in the county, focusing on system wide improvements to increase testing opportunities and awareness.</li> </ul>							
	<b>Measure:</b> Smoking cessation (4 week quits) of smokers from	600	Dec-22	Mar-23	Jun-23			
	disadvantaged groups. Reporting Frequency: Quarterly, Reported a quarter in arrears		427	579	R 122		A	
60	<b>Performance Analysis:</b> Sep-23: Validated quarterly data for this measure is published in arrears. Full year data for 2023/24 is expected in August 2024. Due to a new reporting mechanism (implemented to improve data flows from GP providers of stop smoking services) data reported in June 2023 is strictly limited to quits delivered within that quarter. In previous years Quarter 1 reports also included a proportion of Quarter 4 activity (a period of high activity in most years) this has had some impact on Quarter 1 activity. It is now RAG rated red as the quarterly target of 150 was not achieved. An increase is anticipated in Quarter 2 and this is being closely monitored. A new prioritisation of smokers with Long Term Conditions (including Chronic Obstructive Pulmonary Disease (COPD), Cancer, Diabetes, Asthma and Cardiovascular Disease) was introduced into the commissioning of West Sussex primary care smoking cessation services in April 2023. The year-end forecast is RAG rated amber, as actions to progress target are on track and cumulative totals of quits during 2022/23 suggest a continued increase during 2023/24.							

	Public Health and Wellbeing	2023/24 Target	Performance	Over The Last 3 F	Periods Dol	Year End Forecast		
	This performance indicator includes all reported quits from West Sussex Public Health commissioned smoking cessation services, which are targeted at the following groups, as per National Institute for Health and Care Excellence (NICE) guidance and because these providers can actively engage these groups: <i>West Sussex Wellbeing Service</i> - working with people in the 20% most deprived areas of each district and borough in West Sussex, English as a second language, carers, young people leaving care, individuals with learning difficulties, clients with autism, individuals with serious mental illness (SMI). <i>Primary Care (GPs and pharmacies)</i> - smokers with one or more of the following Long-Term Conditions: cardiovascular disease, Chronic Obstructive Pulmonary Disease (COPD), asthma, diabetes type 1 and 2, cancer.  Actions: Work to implement the West Sussex Tobacco Control Strategy Action Plan is progressing, including supporting Stoptober 2023, the national stop smoking campaign, developing a cross-directorate approach to addressing vaping amongst children and young people, working closely with educational settings, and continuing to offer vaping as a quitting tool, as an option to adults within stop smoking services.							
	<b>Measure:</b> Smoking prevalence in adults (18+) – current smokers (APS) - to achieve Smokefree 2030 prevalence of 5% or below.		2021/22 20		2022/23			
		10.9%			R	R		
	Reporting Frequency: Annually		New Measure – No Data	12.4%	12.5%			
61	<b>Performance Analysis:</b> Sep-23: Smoking prevalence is measured by the Annual Population Survey, which is reported annually and published in arrears. Consequently, the impact of current tobacco control activity undertaken in 2023/24 will be measurable in 2025/26, as the survey will be undertaken in 2024, with results published in 2025. Prevalence data for 2022 was published in August 2023 and has increased by 0.1% (to 12.5%) from 2021 prevalence of 12.4%. The decreasing trend in smoking prevalence in West Sussex over previous years appears to now be levelling off, indicating a need to continue to prioritise this work. Data collection methodology has changed, therefore data prior to 2021/22 is not comparable.							
	<ul> <li>Actions: Work to implement the West Sussex Tobacco Control Strategy Action Plan, driven by the West Sussex Smokefree Partnership, is progressing, including: <ul> <li>Disrupting the illicit/underage sale/supply of illicit tobacco and vaping products.</li> <li>Rolling out the provision of reusable vapes as an additional tool to assist adults to quit smoking, with support from West Sussex smoking cessation services.</li> <li>Developing and implementing a cross-directorate approach to addressing vaping amongst children and young people, working closely with educational settings.</li> <li>Establishing expedited pathways for housebound smokers, identified by West Sussex Fire and Rescue Service.</li> </ul> </li> </ul>							

## **Finance Summary**

### Portfolio In Year Pressures and Mitigations

Pressures	(£m)	Mitigations and Underspending	(£m)	Year end budget variation (£m)
Public Health and Wellbeing Portfolio - Total	£0.000m		(£0.000m)	£0.000m

## **Financial Narrative on the Portfolio's Position**

3. As at September, the forecast against the Public Health and Wellbeing Portfolio continues to be a balanced budget.

- 4. A wide range of public health functions, responsibilities and services impact on wider Council areas, with Public Health working collaboratively across the authority contributing to improving the impacts and outcomes of the Council Plan priorities.
- 5. The level of population need has increased in a number of areas, and the County Council has seen changes in the way residents prefer to use some services differently. Spending plans are being prepared to utilise the unallocated  $\pm 1.9$ m from the 2023/24 budget to reflect the increased level of need in the population for mandated public health services and to support the delivery of the Council's countywide priorities whilst also meeting and improving public health outcomes.
- 6. The Public Health Grant balance stands at £5.9m as a result of underspending in previous years due to the impact of the Covid-19 pandemic, particularly in demand-led areas like NHS Health Checks and sexual health services, which saw lower than usual volumes during earlier phases of the pandemic. Plans to utilise this funding on public health needs and outcomes are being considered as part of the budget preparation process for 2024/25.
- 7. In accordance with ring-fenced grant requirements, any unspent funds will be carried forward into the next financial year, so it remains available to manage risk and spend in line with the Public Health Grant conditions.
- 8. An indicative budget for 2024/25 for the Public Health Grant has been announced which increases the 2023/24 grant by 1.3%. It is noted this is significantly below the level of inflation and spending plans will need to take this into account and other responsibilities for example, NHS contracts and national salary uplift requirements.
- 8. During the Covid-19 pandemic, the Government allocated Contain (Covid) Outbreak Management Fund (COMF) to help reduce the spread of the virus and to support local public health needs. The County Council carried forward £1.874m of funding into 2023/24. Eligible expenditure relating to agreed COMF projects, including public health action and intervention measures, will be allocated to this grant.

### **Savings Delivery Update**

The portfolio has no named savings target for 2023/24, however there is a direct link to the £0.038m Support Services and Economic Development saving – Use of Uncommitted Public Health Grant (PHG). This saving has occurred due to the Help and Home contract being decommissioned and has enabled other eligible spend within the Support Services and Economic Development portfolio to be funded through the Public Health Grant.

## **Capital Programme**

10. Currently, there are no Public Health and Wellbeing capital schemes within the County Council's Capital Programme.

## Risk

- There are no corporate risks assigned to this portfolio. Risks allocated to other portfolios are specified within the respective portfolio sections. Further detail on all risks can be found in **Appendix 5** - Corporate Risk Register Summary.
- 12. Full details of the latest Risk Register, including actions and mitigations can be found under the County Council's <u>Regulation, Audit and Accounts</u> <u>Committee Agenda</u> website.